

Working with Borderline Patients Bibliography

Working with Borderline, Narcissistic and Schizoid Patients

- I. Borderline patients: diagnostic issues. We will start with some clinical material and identify structural and dynamic characteristics that are found in borderline personality organization. The first reference is the short version and the second reference has much more detail. You may read either. I will go over the concepts in class if you do not get to the reading.

1. Clarkin, Yeomans and Kernberg (1999). Chapter 1 – Introduction to Transference-Focused Psychotherapy, in *Psychotherapy for Borderline Personality*, New York: John Wiley and Sons, pp. 5-22.
2. Kernberg, O. (1967). Borderline Personality Organization. *J. Amer. Psychoanal. Assn.*, 15:641-685

II. Object Relations: The Schizoid – Paranoid Position

Mechanisms of splitting, projective identification, total transference and countertransference and enactments. We will again use clinical material to identify these mechanisms in our patients. I would suggest starting with the Gabbard paper as it covers more of the ground we will cover. The other two papers provide more detail for those interested.

1. Gabbard, G. O. (1995). Countertransference: The Emerging Common Ground. *Int. J. Psycho-Anal.*, 76:475-485
2. Ogden, T. (1990). Chapter 3 – The Paranoid – Schizoid Position: Self as Object, in *The Matrix of the Mind*, Northvale: Jason Aronson.
3. Sandler, J. (1976). Countertransference and Role-Responsiveness. *Int. R. Psycho-Anal.*, 3:43-47

III. Transference -Focused Psychotherapy: We will spend the next three sessions becoming familiar with one form of dynamic treatment for BPD. We will both learn the principles and practices of this treatment and contrast it with other forms of treatment for BPO.

- a. Clarkin, Yeomans, and Kernberg (1999). Chapter 1 – Introduction to Transference-Focused Psychotherapy, in *Psychotherapy for Borderline Personality*, New York: John Wiley and Sons, pp. 14-28.
- b. Clarkin, Yeomans, and Kernberg (1999). Chapter 2 – Strategies of Treatment: The Broad Strokes, in *Psychotherapy for Borderline Personality*, New York: John Wiley and Sons, pp. 29-46.

IV. Transference-Focused Psychotherapy

Clarkin, Yeomans, and Kernberg (1999). Chapter 3 – Tactics of Treatment: Position from Which the Therapist Intervenes, in *Psychotherapy for Borderline Personality*, New York: John Wiley and Sons, pp. 47-71.

V. Transference-Focused Psychotherapy

Clarkin, Yeomans, and Kernberg (1999). Chapter 4 – Techniques of Treatment: The Specific Interventions, in *Psychotherapy for Borderline Personality*, New York: John Wiley and Sons, pp. 72-101.

VI. Suicide and self-mutilation in borderline patients

Maltsberger, J. T. and Buie, D. H. (1980). The Devices of Suicide—Revenge, Riddance, and Rebirth. *Int. R. Psycho-Anal.*, 7:61-72

Doctors, S. (1981). The symptom of delicate self-cutting in adolescent females: a developmental view, in *Adolescent Psychiatry*, Volume IX, ed. Feinstein, S. et.al., Chicago: University of Chicago Press, pp. 443-460.

VII. Anger and Affect storms in borderline patients.

Kernberg, O. (2003). The management of affect storms in the psychoanalytic psychotherapy of borderline patients, *JAPA* 51:517-545

Gabbard, G. O. (1991). Technical Approaches to Transference Hate in the Analysis of Borderline Patients. *Int. J. Psycho-Anal.*, 72:625-636

VIII. Supportive psychotherapy in borderline patients

Adler, G. and Buie, D. H., Jr. (1979). Aloneness and Borderline Psychopathology: The Possible Relevance of Child Development Issues. *Int. J. Psycho-Anal.*, 60:83-96

IX. Narcissistic Patients

Ornstein, A. (1998). The Fate of Narcissistic Rage in Psychotherapy. *Psychoanal. Inq.*, 18:55-70

X. Schizoid Patients

Coen, S. (2003). The thrall of the negative and how to analyze it, *JAPA* 51:465-489.

Other references

Gabbard, G. (1994). Chapter 15, Cluster B Personality Disorders: Borderline, pp. 449-496, Chapter 16, Cluster B Personality Disorders: Narcissistic, pp. 497-526, in *Psychodynamic Psychiatry in Clinical Practice*, Washington: American Psychiatric Press.

Waldinger, R. and Frank, A. (1989). Transference and the Vicissitudes of Medication Use by Borderline Patients. *Psychiatry*, 52:416-427

Gabbard, G. O. (1994). Sexual Excitement and Countertransference Love in the Analyst. *J. Amer. Psychoanal. Assn.*, 42:1083-1106

Bursten, B. (1973). Some Narcissistic Personality Types. *Int. J. Psycho-Anal.*, 54:287-300

Ornstein, P. H. (1974). On Narcissism. *Annual Psychoanal.*, 02:127-149

Gabbard, G. (1989). Patients Who Hate, *Psychiatry*. 52:96-1

Adler, G. (1989). Uses and Limitations of Kohut's Self Psychology in the Treatment of Borderline Patients. *J. Amer. Psychoanal. Assn.*, 37:761-785