Working with Borderline Patients

Bibliography

Working with Borderline, Narcissistic and Schizoid Patients

I. Borderline patients: diagnostic issues. We will start with some clinical material and identify structural and dynamic characteristics that are found in borderline personality organization. The first reference is the short version and the second reference has much more detail. You may read either. I will go over the concepts in class if you do not get to the reading.


II. Object Relations: The Schizoid – Paranoid Position
Mechanisms of splitting, projective identification, total transference and countertransference and enactments. We will again use clinical material to identify these mechanisms in our patients. I would suggest starting with the Gabbard paper as it covers more of the ground we will cover. The other two papers provide more detail for those interested.


III. Transference-Focused Psychotherapy: We will spend the next three sessions becoming familiar with one form of dynamic treatment for BPD. We will both learn the principles and practices of this treatment and contrast it with other forms of treatment for BPO.


IV. Transference-Focused Psychotherapy


V. Transference-Focused Psychotherapy


VI. Suicide and self-mutilation in borderline patients


VII. Anger and Affect storms in borderline patients.

Kernberg, O. (2003). The management of affect storms in the psychoanalytic psychotherapy of borderline patients, *JAPA* 51:517-545


VIII. Supportive psychotherapy in borderline patients


IX. Narcissistic Patients


X. Schizoid Patients


Other references


