



WNEPS Newsletter Spring/Summer 2015

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GREETINGS FRIENDS and colleagues! While collecting my thoughts for this final message, the one that kept crowding its way to the top was “spring is here, finally!” Looking back over the winter, the overarching headline seems to be “Whew, we made it through”. Thankfully, the weather did not impinge on our programs or activities despite all the weekend snow storms. Over the past few months, we offered two more important Scientific Meetings and a successful joint conference with CSPP. The beginning of 2015 marked the transition to our new Administrator, Anne Rodems. We are very pleased to welcome her aboard. We are deeply grateful for the outstanding commitment and professionalism we enjoyed with Kathy Wilcox for over 23 years and we were very sorry to see her leave. I can wholeheartedly say that Kathy continued her attitude of generosity, professionalism and commitment through Anne’s transition into the position making it as smooth as possible. Once again, we owe Kathy a debt of gratitude. We were also moved by the generosity of our members in their donations to the retirement gift for Kathy.

Our first class in the Studies in Psychoanalytic Psychotherapy (SPP) is about to graduate. This is a wonderful accomplishment for these students and for those members who contributed their time and teaching prowess toward making this happen. Bravo to Bob White, and to the teachers and supervisors who assured the success of the program. *Continued on page 2*

President's Message cont...

Bob proposed a by-law amendment to create a special membership category for these new graduates. The ballot has been mailed and we encourage everyone to review the amendment and VOTE! If you have not received a ballot, please let Anne Rodems know (phone 203 562-2103 or arodems@wneps.org). Please respond as soon as possible.

We are extremely pleased to announce that Rachel Bergeron has agreed to oversee the process of providing continuing education credits for our classes, symposiums and scientific meetings. We are deeply grateful for her willingness to take on this task. We know we are in good hands.

Our final Scientific Meeting is on May 9, 2015 when Dr. Kay Long will present a paper on *"Interpretation or Internalization: the Analyst's role in Therapeutic Action."* Our Spring Symposium, *Hans Loewald's Enduring Contribution to Psychoanalysis*, with Rosemary Balsam, Betsy Brett and Nancy Chodorow, is another example of the solid position our Society has in the psychoanalytic community.

The last business meeting of the year is scheduled for Saturday, June 20th, at 10:00am. That will be the end of my tenure as President. It was a pleasure to serve in this role. It gave me a deeper understanding of our exceptional Society and the many dedicated and versatile members of Western New England as a whole. This role required that I be involved in many new ways which have been of personal benefit to me. If you have not had the opportunity to serve Western New England as a member of a committee or in an executive board position, I encourage you to do so. I am very grateful for my supportive Board and for the many members I've had the pleasure to work with. Thank You!!

Carole T. Goldberg

Carole Goldberg, Psy.D
President, WNEPS

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News From The Society

Introducing Anne...

By Joan Wexler in conversation with Anne Rodems, Administrator, WNEPS/I

WITH CHEERFUL CALM and competence, Anne Rodems glided smoothly into her new position as the administrator of The Western New England Institute and Society. When asked about her first impressions of WNE, with a broad smile she enthusiastically exclaimed, "I love it! Everyone is so welcoming and kind. Everyone is so smart. Early on I became interested in psychology but then I was sidetracked and went to work in nonprofit and corporate settings. I feel as though I am back on a more fulfilling path, back in touch with things that are important to me—the life of the mind, helping people. I don't get to practice but supporting the candidates and the analysts feels so fulfilling."

Anne graduated from the University of Illinois with a B.S. in Political Science. She earned an M.A. in Psychology at New College of California and fulfilled two internships where she did short-term therapy with single and dual diagnosis clients. Anne went on to do ongoing therapy with individuals impacted by HIV/AIDS. She is currently in the process of getting a post Graduate Certificate in Nonprofit Management from the University of Illinois.

Her work experience is far-reaching, varied and excellent preparation for her current responsibilities. She worked in

both retail and nonprofit organizations and was involved with customer service, human resources, coaching and supervision of staff, management, organization, finance and event planning. She possesses sophisticated computer skills as well.

Anne's volunteer activities include tutoring elementary school children at New Haven Reads. She is also chair of the Communications Committee for PACE (Parents for Art Centered Education) at the Educational Center for the Arts, New Haven.

As a child and adolescent, Anne thought that she wanted to be a lawyer and so she majored in Political Science. After college, her interest in social justice led her to community organizing which in turn aroused her curiosity about how people become who they are. This then led to her interest in psychology. Life necessities as well as several geographic moves made it difficult to continue pursuing psychology so she began her career in the nonprofit and corporate worlds.

Anne grew up in central Illinois where she spent most of her childhood in the tiny town of Tallula (population 500). "Growing up in such a small town was horrible and wonderful. Wonderful because it was so safe and I had the run of the place. When school was out I could leave the house early in the morning and run all over playing and visiting other kids

and grown-ups. I might return for lunch or I might have lunch at someone else's house and not return home until dinner. We played and swam and rode horses. It was safe and free and great." I asked, "How was it horrible?" "Oh everyone knew everyone else's business and there was a lot of gossip."

Anne is the mother of 16-year-old fraternal twins, a daughter Ella and a son Caden. Anne's former partner and her partner's husband are all involved in parenting the twins. They function as a family of five sharing all holidays and many events.

Anne lights up as she speaks about her children. Caden and Ella attend Wilbur Cross High School and the Educational Center for the Arts. Ella is passionate about theatre and Science and intends to pursue both. Caden's passions are visual arts, especially film making.

The branches grow close to the root. Anne has a long history of artistic interests. She used to sing in choirs and with Madrigal groups. She also weaves, knits and does photography. She loves old photographs and is interested in photographic techniques especially in one know as cyanotype. Cyanotype is an old photographic printing process that produces a cyan-blue print. (It is used to make architectural blueprints.) Traditionally

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Editor's Note

WITH THE ARRIVAL of Spring, we are pleased to bring you the new edition of *Associations*. In this issue, the Scientific Meeting Reports are thoughtful and informative reads. If you were unable to attend a meeting, you should have no trouble catching up on what you missed. We are grateful to the writers, Matt Shaw, Peter Kane and Janet Madigan for the time, obvious effort and care that went into writing these terrific reports.

Of particular importance is a column, *Council Report*, by Rachel Bergeron, our Council to the APsaA. In this article, Rachel clearly outlines the current organizational structure of the American. In so doing, she lays the foundation for important discussions to take place in the coming months regarding a proposed change in the governance of the American.

Several new initiatives have been launched in this issue of *Associations*. First, Nancy Olson, a former editor of this publication, and Victor Altshul, a graduate of the WNEPS Scholar's Program, feature in the newly established, *Poetry Corner*, with their creative and inventive contributions. We are pleased to feature articles from members of the Institute and the community with a view toward inviting interest and participation in analytic classes, programs and formal training. If you have ideas that can further this endeavor, please don't hesitate to bring them to our attention.

In, *News From The Institute*, Sid Phillips provides a retrospective on his tenure as Chair of the EC. *Introducing Anne*, a column written by Joan Wexler, provides a lovely introduction to the life and times of Anne Rodems, our new Business Administrator. Speaking of introductions, we want to formally congratulate the first graduating class of the Studies in Psychoanalytic Psychotherapy (SPP). Their pictures and bios are featured in these pages. We encourage members of the Institute and Society to reach out and say hello. Lastly, we are very grateful to Kay Long for her endearing tribute to her mentor and friend, Dr. Sid Blatt. □

Your Editors,
Eileen Becker-Dunn, Mary Ayre, Lisa Driscoll

Council Report

by Rachel Bergeron, PhD, JD

I'D LIKE TO begin my first Council Report by defining 'Council' and 'BOPS', two bodies within APsaA whose names you've probably heard. I guarantee you'll hear their names again and again in the months ahead.

Council is also known as the Executive Council or Board of Directors. It's APsaA's governing body responsible for managing APsaA's affairs and business. It's composed of a Councilor and an Alternate Councilor from each of APsaA's affiliate societies and study groups, eight Councilors-at-Large elected by the general APsaA membership, the current APsaA officers, the last three past presidents and the past secretary.

"BOPS" is the Board of Professional Standards, the body within APsaA responsible for establishing and maintaining standards for psychoanalytic education and training. It's composed of two Fellows from each of the Institutes, the Chair and Secretary of BOPS and APsaA's president, president-elect, secretary, and treasurer.

In APsaA's current structure, Council and BOPS have separate areas of responsibility. BOPS has sole responsibility for educational matters. This is a source of conflict within APsaA, particularly between Council and BOPS. Attempts by Council to change standards led to the most recent lawsuit, which resulted in BOPS being affirmed as having sole responsibility for education. There is now a by-law amendment proposal for a change in APsaA's bylaws that will establish Council as the body having responsibility for all of APsaA's business, including education and the setting of educational standards. Passing this bylaw would mean a major change in the structure of APsaA. A supermajority is needed to pass it, i.e., two-thirds of all votes cast. All members of APsaA will be asked to vote on this proposal in December of this year. There will be multiple opportunities within our community to come together to ask questions and discuss the issues related to this proposal. I hope each of you will be able to participate. □

Dr. Bergeron is Council to the APsaA and a graduate in adult psychoanalysis, WNEPI

Scientific Meeting Reports

Speaking the Unspeakable: Restoring Institutional Integrity in the Wake of Sexual Boundary Violations.

Richard G. Honig, MD

Carole Goldberg, PsyD, Discussant

Reported by

Matthew Shaw, PhD

IN NOVEMBER, DR. RICHARD

Honig presented an intense and intricate case study. Rather than track the progression of an analysis, he followed an analytic community in crisis. He described an institute's attempts to survive and then recover from the sexual boundary violations of one of its most admired training analysts.

Several years ago Dr. Honig and some members of our society were part of a team conducting a regularly scheduled site visit. The abrupt resignation of a senior analyst from that institute dominated the visit. The community was reeling. The suffering expanded well beyond the people directly involved in the sexual violations. Analysts lost their analyst; supervisees lost their mentor; and many members of the community lost a valued colleague and friend. The very integrity of the group splintered. Although rumors about sexual boundary violations abounded, there was yet no complainant and the institute leadership had little authority over the resigned analyst. People wondered what had happened, what should happen now, and how much had been lost. They described a kind of collective trauma.

In presenting his paper, Dr. Honig vividly located the audience amidst the confusion, fear, and

anguish. In so doing, he highlighted how risky intimate analytic relationships can be and how broadly destructive transgressions often are. He and others told stories of analytic communities haunted for decades by past boundary violations, the enduring suffering of those involved, and the destructiveness and even suicide of some transgressing analysts.

Amidst these stark and unsettling tales, Dr. Honig also demonstrated the power, though limited, of thinking analytically about our communities and ourselves. He demonstrated how analysts can approach complexity with perseverance and creativity. As site visitors, he and his colleagues identified and described the constructive steps community members had already taken in addressing the transgressions: 1) they allowed individuals and the larger group to express their thoughts and feelings; 2) they implemented policy changes to prevent both subsequent violations and transgressors' attempts to evade accountability; 3) they enhanced the ethics education and developed a curriculum to study the management of the erotic transference/countertransference and reaction formations against it; and 4) they sought outside consultation in order to process the events further. The observers' articulation of these efforts helped community members move beyond shame and paranoia toward the hard work of mourning, problem solving, and restoring institutional integrity.

After the site visit, Dr. Honig collaborated with an analyst in

that community to study the recovery process. Through a broad interdisciplinary literature review, they found various institutional case studies such as an investment bank that lost nearly 40% of its personnel and all of its material resources during the 9/11 attacks. The firm established a "virtuous circle" in which they linked rededication to the group's efforts with honoring the dead and countering the attackers. The restoration of the firm's institutional integrity led to vitality and resilience. They grieved *and* they flourished.

Dr. Honig and his colleague emphasized that the institute's troubles came from "an enemy within" and therefore provoked shame and confusion largely absent in the firm's case. They outlined numerous resistances to acknowledging and addressing the collective trauma, including disbelief that such a revered figure could have been so destructive, fears that public statements could be libelous, unconscious identifications, idealizations and guilt about revealing family secrets. They highlighted the potent pull to minimize the initial trauma, thereby creating a second trauma based less on abuse than neglect.

In identifying these resistances and describing the community's attempts to work through them, Dr. Honig demonstrated the importance of thoughtful, emotionally engaged work. He emphasized the limitations of such an approach – that there is no evidence that these efforts reduce the prevalence of transgressions –

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New & Noteworthy

- **Rosemary Balsam, MD**

Presented, *Freud, Females, Dissidence and Childbirth: A Story of Ruptures in Phallogocentrism*, at the European Federation Conference in Turin, Italy, April 2014 • Panelist with Sue Kolod on, *The Pregnant Therapist* at the Division 39/APA meetings, 2014. • Delivered the 49th Freud Anniversary Lecture to the Psychoanalytic Association of New York in May 2014. • Presented with Margaret Rustin at the London-based Father's Study Group, *Primary Nurturing Fathers and Their Daughters*. • Published: *The Embodied Mother: Commentary on Kristeva*, *JAPA*, Vol. 62: 2014, • Sabina Spielrein in Vienna 1911-1912: Muse and Nemesis. Chapter in, *Sabina Spielrein: Forgotten Pioneer of Psychoanalysis*, Routledge, 2015 • *Eyes, Ears, Lips, Fingertips, Secrets: Dora, Psychoanalysis and the Body* in *Psychoanalytic Review*, Vol 102: 2015.

IPA
49th Congress
IPSO 23rd Conference

BOSTON
2015

22-25 JULY
WORLD TRADE CENTER
MASSACHUSETTS

- **Eileen Becker-Dunn, MSW**

Published a paper (in press) entitled, *Category/Gender: Subject To Change*, in *Psychoanalytic Inquiry*, Vol. 31, Nov. 2015

- **Sybil Houlding, MSW**

Presented her paper, *Mourning in the Psychoanalytic Situation and in the Tempest* at the WNEPI Scientific Meeting in Oct. 2014. The paper was the lead article in the *Psychoanalytic Quarterly* (Vol. LXXXIV No.1) • Recently appointed to the Editorial Board of JAPA.

- **Angelica Kaner, PhD**

Has been appointed Editorial Associate for the Journal of the American Psychoanalytic Association (JAPA)

- **Drs. Lisa and Ken Marcus**

Presented a paper at the APsA meetings in January, 2015 on issues related to parenting gender variant children. • With their daughter, Sara Yaxte, they will present a paper at CSPP on April 11, 2015 entitled, *Gender/Queer: One Family's Experience with Gender Variance*.

- **Jerome Meyer, MD**

Presented and moderated a discussion of his recent exhibition, *ORDINARY UNHAPPINESS*, with The New York Freudian Society at Denise Bibro Fine Art in Manhattan. • On April 11th through May 23rd part of his exhibition, *HYPNAGOGIA*, will show at the Koplin Del Rio Gallery in Los Angeles. One of his pieces, an illuminated triptych entitled, *Do You Hold the*

Memory of a Vanished Dream?, will be on view. The curated exhibit examines the relationship between dream images and artistic images. (See back page for exhibition image.)

- **Nancy Olson, MD**

Published "Bachelard Revisited" in *Space and Psyche*, a collection of essays on psychoanalysis and architecture (Center for American Architecture and Design, University of Texas, Austin, 2012). • A book review essay, "Marion Milner: Unventing Psychoanalysis," *JAPA* in 2013. • "Rebecca in the House: Musings on Identification," will appear in *Psychoanalytic Inquiry, The Muse: Psychoanalytic Explorations of Creativity* (Routledge, forthcoming). • Nancy was appointed to the American College of Psychoanalysts in 2012 • Received the Edith Sabshin Teaching Award from APsA in January 2015.

- **Sidney Phillips, MD**

Presented, *Transference and the Ego: Revisiting Brian Bird's Paper on Transference* at the Massachusetts Institute of Psychoanalysis in November 2014. • Participated in a panel discussion on the 100th anniversary of Freud's "Observations on Transference-Love" at the meetings of the American Psychoanalytic Association in New York City, January 18, 2015.

Library Committee Report

By Lisa Marcus, PhD

ON HER RECENT visit to the Western, Dr. Giselle Galdi made a generous donation to the Institute library of the following books:

- *First Contributions to Psycho-Analysis*, S. Ferenczi (1916): Tr. E Jones. London: Karnac Books, 1994.
- *Further Contributions to the Theory and Technique of Psychoanalysis*, S. Ferenczi (1926): Compiled by John Rickman. Rr. Jane Suttie. London: Karnac Books, 1994.
- *Final Contributions to the Problems and Methods of Psychoanalysis*, S. Ferenczi (1955): Ed. M. Balint. London: Karnac Books, 1994.
- *The Clinical Diary of Sandor Ferenczi*, S. Ferenczi: Ed. J. Duppont. Tr. Michael Balint

The Library Committee recently acquired;

- *Early Encounters with Children and Adolescents: Beginning Psychodynamic Therapists' First Cases*, (2015) Edited by Steven TuberN.Z. Jackson, Cambridge University Press. 1988. □



Welcome SPP Candidates



Morel Alexander, MFT is a Marriage and Family Therapist in private practice in New

Haven where she works with adults and couples. She has pursued post-graduate training in art therapy, object relations, and attachment-based couples therapy. Morel has 15 years of clinical experience working with children, families and the chronically mentally ill. She has valued the opportunity to study at WNEPS.



Jeffrey Asmar, MSW graduated from Hamilton College with a BA in Political Theory and received his MSW from the Smith College School

for Social Work. He subsequently worked for the Yale Child Study Center and the Connecticut Department of Mental Health and Addiction Services. He is in private practice in Hartford, CT where he treats children and families. He lives with his wife and 2 children in Canton.

Bonnie Becker-PhD,

is a Licensed Clinical Psychologist practicing in New Haven for more than 20 years. Her practice includes adults and adolescents and supervision of psychology fellows and psychiatry residents in the Department of Psychiatry. I came to the SPP to update my theoretical and clinical skills with contemporary psychoanalytic thinking. I'm very pleased to be part of the WNEPS 1st SPP class!



Carole Dudley, MSW has a BS in Nursing and is a Licensed Clinical Social Worker. She is in private practice in Manchester, CT, and lives in Glastonbury with her husband.



Nakia Hamlett, PhD currently works with children and young adults at CMHC and the West Haven Mental Health Child Clinic. Nakia is an Assistant Clinical

Professor of Psychiatry at the Yale Medical School. She is pleased to be thinking critically about psycho-analytic concepts and their application to her work.



Raina Sotsky, MD is a Child, Adolescent and Adult Psychiatrist. She has practiced in New Haven for almost 30 years. Dr. Sotsky is an

Assistant Clinical Professor of Psychiatry at Yale Child Study Center.



Nancy Suchman, PhD is a Licensed Clinical Psychologist and researcher at the Yale Child Study Center where she

develops and implements mentalization-based therapy for mothers in treatment for addiction. Nancy maintains a small private practice where she treats mothers recovering from addiction. □

**Scientific Meeting Reports
Speaking the Unspeakable...**

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but asserted that they enable recovery and the restoration of institutional integrity.

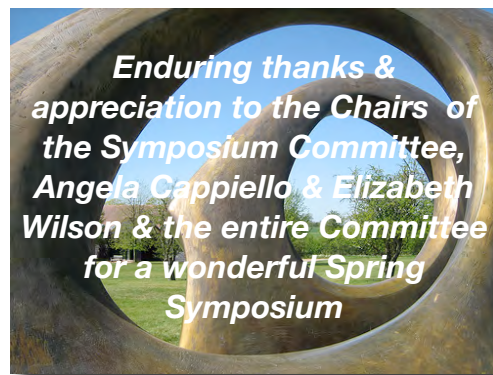
Dr. Carole Goldberg began her discussion by describing the difficulty in listening to the case study. As a psychoanalyst who directs the Sexual Harassment and Assault Response and Education (SHARE) services at Yale, she hears countless stories of sexual violations. Nonetheless, she felt once again shocked. She asked: "Why am I shocked? Well, yes, I am shocked but not surprised." Dr. Goldberg described her wish that analysts could be different – that given our special role we ourselves could be special. She talked about the challenge of managing the erotic transference/countertransference and the clinical cost of evading or stifling it. She emphasized with sadness and outrage the exorbitant toll violations take. Victims suffer more when they know their abuser. An analyst surely counts as a kind of intimate. Furthermore, communities often polarize when incidents involve two people with their discrepant versions of events.

Dr. Goldberg expanded the discussion to address perpetrators. She talked about the estimated frequency of sexual contact between mental health practitioners and patients (between 5 and 10%) and typical psychological factors found in transgressors such as discomfort with aggression. Related to this

point, she noticed that the quotes from community members in this case study included fewer expressions of anger toward the analyst than she expected. Perhaps, Dr. Goldberg unwittingly unearthed a broader unease with aggression in our communities. She highlighted the destructiveness of this particular analyst's actions to his patients, his family, himself, and his community. She also emphasized the many seductions pervading the case study, not only within the analytic pair, but between the charismatic clinician and his colleagues. Furthermore, she warned that afflicted communities, like victims of sexual violence, often blame themselves as a way of reclaiming some semblance of agency.

Together, Drs. Honig and Goldberg talked soberly and sensitively. The discomfort for audience members facing both our potential destructiveness and vulnerability seemed balanced by the reassurance that even matters such as these can be discussed. □

Dr. Shaw is a graduate analyst in Child, Adolescent & Adult Psychoanalysis, WNEPI



**The Psychotic Core:
Theoretical & Clinical Considerations
Francis Baudry, MD
Mary Ayre, MD, Discussant**

*Reported by
Peter Kane, MSW*

DR. BAUDRY DEFINED the psychotic core as "the persistence in adulthood of a mode of functioning assumed to exist at the beginning of life." It is marked in the adult by the use of primitive defenses such as splitting, dissociation, projective identification, and somatization. There are also cognitive disturbances, a fragile sense of identity, boundary difficulties, and a lack of empathy.

Dr. Baudry stressed the importance of maintaining a developmental perspective when talking about the psychotic core. In agreement with several South American theorists, he proposed a symbiotic phase of development which occurs in the first three months of life. This phase is before Klein's paranoid/schizoid position. It is a pre-object phase where the infant is undifferentiated. It is in this normal undifferentiated stage, when, if the infant experiences great or repeated traumas, that she is left with un-lived or unformulated experiences. They stay as undigested, unrepresented, un-repressed, but not conscious, raw experience. One way that this developmental phase can be evidenced in adults is in the severe panic attacks and depressions that have no accompanying thoughts.

Dr. Baudry is particularly interested in being alert to the clinical manifestations of the psychotic core as it coexists with neurotic

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Scientific Meeting Reports

The Psychotic Core...

personality structures. This alertness allows the necessary rapid shifts in technique which are demanded when analyzing these kinds of patients. It is necessary to understand the transference differently, but also critical to use one's countertransference as a clue to understanding and treating these analysands.

Dr. Ayre, in her discussion, expanded on the clinical theory and technique needed when treating patients with pathological psychotic core difficulties. Dr. Ayre, discussing *Symbiosis and Ambiguity*, a book by Jose Bleger, explores the meaning of the symbiotic phase of development and the clinical implications involved. I cannot do justice to her thoughts here, but the necessity for the analyst to analyze the psychoanalytic setting (frame), her countertransference, the patient's projections, are all key to therapeutic progress. The patients in which the psychotic (symbiotic) transference predominates are often confused and unable to tell the external from the internal. In this confusion, the unlived experiences are communicated to the analyst by the "depositing" of affects into the analyst. The work lies then in analyzing what the patient makes of the analyst. She states, "The aim of the analyst lies in playing only the role of the depository without becoming fused with what is deposited." □

Peter Kane, MSW is a 3rd year candidate in Adult Psychoanalysis, WNEPI

Ferenczi: The Maternal Analyst

Giselle Gardi, PhD

Deborah Fried, MD, Discussant

*Reported by
Janet Madigan, MD*

DR. GISELLE GALDI'S presentation "Ferenczi: The Maternal Analyst" was an effective and moving presentation. Dr. Deborah Fried's vibrant discussion and the lively group exchange that followed deepened the understanding of Sandor Ferenczi's contribution to psychoanalysis.

In addition to Ferenczi's work that addressed the maternal role, Dr. Galdi brought to light many facets of Ferenczi's contributions: as an originator, as Freud's "soul mate," as a developmental psychoanalyst, and as an "experimenter" who acknowledged and learned from his mistakes. Dr. Fried illuminated these motifs in her subsequent discussion and the lyrics of her own remarks: "Ferenczi stands in his own right." "He's a psychoanalytic rock star who has been derided and hidden for too long." "He's a thoroughbred clinician with a scholar's gifts." The denouement of the meeting was Dr. Galdi's restoration of Ferenczi's place in our psychoanalytic heritage.

As prelude, Dr. Galdi opened with an historical, cultural and biographical description of Ferenczi in the Jewish Hungarian multicultural intelligentsia at the turn of the 20th century. Born in 1873, 17 years after Freud, Ferenczi was 35 and his ideas firmly molded when he and Freud met in 1908. At the time of their

meeting he was already a well-published neurologist and brilliant clinician. He and Freud became "immediate and intimate friends" – with 1,246 letters between them from 1908 -1933. By 1913 Ferenczi had founded the Hungarian Psychoanalytic Institute and by 1918 was president of the International Psychoanalytic Association. Freud, despite acting as his friend and mentor, contributed to obscuring Ferenczi and his ideas. Often overlooked by Freud's followers, Ferenczi's ideas were assumed to be those of others, including Sigmund Freud, Anna Freud, Melanie Klein, Donald Winnicott, Wilfred Bion, Hans Loewald, and Heinz Kohut. Some credited him but many did not. The "disappearing" of Ferenczi and his ideas was literally concretized in the removal of his portrait from the IPA.

Few recognize the breadth and depth of Ferenczi's original ideas that get to the "heart" of psychoanalysis. Known for analyses of long duration, he sought to evoke a transference with the depth and intensity of the maternal-infant dyad that permitted deep access to the unconscious. He did not let the role of the father overshadow the importance of maternal influence. Recognizing the immense demands on the analyst, Ferenczi realized the analyst's need for a "special hygiene" via personal analysis. He located the source of the strain in the mutual dependency in the analytic as well as the mother-infant relationship. Dr. Fried likened this "strain" to the plight of a single parent-child dyad; and broadened the view of

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Scientific Meeting Reports
Ferenczi: The Maternal Analyst...

“maternal” to include the “parental” functions of loving and nurturing previously deemed the exclusive domain of the gendered female.

Ferenczi was the originator of psychoanalysis as a two-person psychology. He recognized the roots of love and hate in the first object relationship as a recurrent theme in all future relations. Though mutually dependent, he recognized the inequality in the mother-infant and analytic dyad and the damage to the child when the parent can't accept responsibility for his/her part. He registered how parents disconnect in the avoidance of pain and the potential for reenactment in the analytic dyad. He conceived of splitting, projective identification and identification with the aggressor (*his* idea, not Anna Freud's). He was the first to understand trauma to include a failed empathic response to distress. He viewed aggression as a response to frustration of needs rather than as innate, and sado-masochistic responses as secondary re-enactments of earlier trauma experienced in the body or directed towards the self to evacuate unbearable anxieties.

Ferenczi was the first to examine the death instinct from an object relations perspective. It was he who first made the link between the death instinct and the unwanted child. He described a decreased desire to live in the context of experienced maternal rejection. Ferenczi noted a block in psychotic and severely

disturbed patients in their freedom of expression of aggression towards the mother. Dr. Galdi conjectured he was working through his hatred of maternal rejection in much of his pioneering work.

Ferenczi made central the human desire for love and connectedness and the role of mother-infant communication in that process; he identified parallels in the containing function of the analyst. Ferenczi's idea of containment meant, “to be with as to hold in one's stomach and be with intense emotions; to analyze and not dismiss them.” He used countertransference and self-recognition in the service of removing blocks in unconscious communication with his patients. He came to recognize the limits of kindness, acknowledging intense unbearable failings.

It wasn't until 1933 that his work “came out of hiding” with the establishment of the Sandor Ferenczi Institute and Fellowship. Ferenczi's papers were made available in the Freud Museum, a fitting “rapprochement” not only between Freud and Ferenczi, whose extrusion was symbolically repaired, but in our collective analytic heritage. Dr. Galdi concluded by emphasizing Ferenczi's “forgotten” influence on Freud and the enrichment of all psychoanalysis as a result of Ferenczi's pioneering work. □

Dr. Madigan is a graduate analyst in Child, Adolescent & Adult Psychoanalysis, WNEPI

Introducing Anne cont'd...

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specimen's from nature are placed on a chemically treated paper then exposed to the sun or other light source and the image of the specimen transfers to the paper. Anne explained that artists now do much more elaborate printing than transferring simple images.

When she has the chance, Anne loves to go into New York where she spends time at museums, the Strand Book Store, and going to the theatre.

If you have not already done so, stop by and introduce yourself to Anne. She will be delighted to meet you and you will be sure to have an interesting conversation with her. □

Joan Wexler, MSW is a graduate and on the faculty of WNEPI

Scientific Meeting
 2015
 May 9
 Kay Long, PhD
 Interpretation or
 Internalization: The
 Analyst's Role in
 Therapeutic Action
 Discussant:
 Jennifer Meyer, MD



News From The Institute

Reflections on the Education Committee

by Sidney Phillips, MD



I WRITE THIS column as the outgoing Chair of the Education Committee (EC). I served as its chair for 11+ years. On

March 1, 2015, Dr. Lawrence Levenson became the new chair. Dr. Oscar Hills succeeded Dr. Levenson as secretary of the Committee and treasurer of the Institute. This change in leadership has been underway for several months.

During my terms as chair, the EC made a number of important changes in its structure and function. Originally, the EC functioned as a centralized committee that oversaw many different Institute functions. These included establishing educational policy and standards, admissions, progression, essay review, and appointment of training and supervising analysts and faculty.

After lengthy discussion, the EC decided that this structure, while having the advantage of cohesion, needed to change. The committee wanted to broaden its membership and include more analysts in the administration of the Institute. We decided to invite non-TA's to chair and participate in major Institute committees. This required splitting off former EC functions – e.g., admissions and

essay review – to independent committees. A new policy now requires the chairs of the Admissions Committee (AC) and the Essay Review Committee (ERC) to be non-TA's. The Admissions Committee, now chaired by Dr. Brian Tobin, receives and considers applications for admission for analytic training. The Essay Review Committee, now chaired by Ms. Sybil Houlding, reviews essays submitted by candidates. Both committees function autonomously and report their recommendations to the EC. The EC then assures itself that the AC or ERC followed our regular policies and procedures and then usually approves those committees' recommendations. The chairs of the AC and ERC also sit on the Education Committee. The EC has for many years had a non-TA to serve as chair of faculty. The faculty chair sits on both the EC and the Progression Committee (PC). Dr. Paul Schwaber served as faculty chair for several years. When he stepped down last year, Ms. Joan Wexler became our current chair of faculty. The Education Committee now sets educational policy and standards and receives and deliberates on recommendations from other Institute committees.

The Progression Committee (PC) reports to the EC and oversees the training and progression of candidates. The PC organizes two semiannual reviews of each

candidate. At these meetings, all supervisors and some faculty are present. Each supervisor writes detailed, in-depth reports about each candidate in supervision. The supervisor presents these reports to the committee. Reports of faculty from each class taken by the candidate are also discussed. Then the committee explores each candidate's progression and considers how best to promote the candidate's growth and development as an analyst. These ideas are distilled into learning points that are conveyed to each candidate every six months by his or her faculty advisor.

There are two other important reviews of a candidate's progression. The mid-training review is an in-depth focus on one candidate in the third or fourth year of training. The candidate's entire progress from application to current work is reviewed and discussed to help develop a thoughtful approach to his or her learning to become an analyst. A similar candidate review occurs prior to graduation. During this review, the PC looks back at all of the supervisory and faculty reports from the candidate's training as well as a review of the essay. The PC decides whether to recommend graduation based on the candidate's meeting all the graduation requirements, including and especially that the candidate functions independently as an analyst.

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A number of other important policies have changed during the past decade. The EC reinitiated the Research Fellowship, which allows an academic to participate in all classwork with candidates. To be selected as a Research Fellow, the academic has persuasively argued the importance of hearing how analysts think while doing clinical work to their own scholarly research. The committee is careful about choosing people who are outstanding in their fields and who are able to maintain professional boundaries and respect confidentiality. Professor Anne Dailey, the Evangeline Starr Professor of Law at the University of Connecticut School of Law, recently completed her five-year Research Fellowship. Nancy Kuhl, a Research Fellow in our first year class, is the Curator of Poetry for the Yale Collection of American Literature at the Beinecke Rare Book and Manuscript Library at Yale University. She is also a published and award-winning poet.

Another important EC policy change is to allow for possible waivers of the training analysis requirement. For potential candidates who are in the middle of analysis with a non-training analyst, they had two ways to proceed if they wanted analytic training. They could wait to apply for analytic training until their analysis ended, or they could decide to end their analyses and begin an analysis with a training analyst. With the new policy in effect, those applicants who have

been in analysis with a non-training analyst and are not within a year of termination may apply for analytic training. If they are accepted, the institute may apply to the American Psychoanalytic Association for a waiver of the training analysis requirement for the candidate, which allows them to continue their current analyses. After much discussion, the EC decided to adopt certain objective immersion criteria for the waiver application and does not vet the analyst individually. Thus far, the new policy has worked well in allowing clinicians to apply for analytic training who otherwise would have had to wait for long periods of time or chosen not to apply.

One final policy change is important to mention. The EC decided to alter the terminated case requirement for graduation. Formerly, candidates had to have one patient in analysis who had entered or completed a termination phase of the analysis. In some instances, this significantly prolonged a candidate's training. The committee decided to change this requirement such that a candidate now may be considered for graduation if he or she meets all other graduation requirements and has a patient in analysis for at least five years who is not within a year of termination. The committee encourages the graduate to reenter supervision during the eventual termination of that patient. The committee will also add a stronger emphasis on termination to the curriculum.

It has been a privilege to serve as chair of the Education Committee.

Being chair affords a unique view of our Institute in its particular development and evolution. It also permits contact with other EC chairs and directors at other Institutes. These contacts have proved important in thinking through constructive directions for our institute. We learn from the experiences of other institutes, their organizational structures, curricula, and approaches to candidate progression. What I have loved most about being chair is the abundant opportunity for rich, complex interchange with trusted colleagues at our Institute. I look forward to continuing these conversations as a working member of the EC under the leadership of our new chair, Dr. Levenson. □

Dr. Phillips is a Training & Supervising Analyst at WNEPI & former Chair of Education Committee

Scientific Meeting Schedule Fall • 2015

Salman Akhtar, MD
September 19

Charles Parks, PhD
October 17

Sandra Buechler, PhD
November 21

Alfred Marguilies, MD
December 12

Poetry Corner

ON A WINTER BRANCH—
MAGNOLIA BUDS DECKED IN
THEIR LITTLE FUR COATS

LUNATICS
LOOKING TO CONSULT
THE MOON, I FIND JUPITER
ON HER COUCH

CARRY-ON
FIRST TO THE GATE, MY
ASSOCIATIONS—STILL
MISSING MY BAGGAGE

I've always liked haiku and began writing them a few years ago. It's a practice I recommend you try. I don't always adhere to the 5-7-5 syllable format. And I let some have titles (I think this began via email, where the subject line might continue the poem, becoming its title).

Nancy Olson

Nancy Olson is President of the Board of Trustees of WNEPI

The Jolly Burgher

had detested his coarse skin, and the grin
Hals had smeared on him for all time,
then scarcely remediable in Haarlem,
might now be worth a second look,

so stepping out with gingerly propriety,
so as to protect his privates,
he snuck out at lunchtime,
and wandered east on Seventieth Street in

search of a dermatologist. "Exfoliative
dermatitis", said the doctor, and the Burgher
was given samples of creams and steroids;
and when he drifted back toward the park,

he saw the Grinning Woman waddling down-
from 81st Street, perhaps? Had they loaned
her out from the Rijks? He tried to cry out
"Moeder!" but the word died in his throat,

and watching her teeth grow long and pointed,
he could not have known he again had floated
into my ancient nightmare: bright orange pigs
stomped on by cursing men in overalls

and flattened out and neatly stacked in piles
on truck-beds, with the grunting vigor,
the insouciance of killers who could not hear
the leering woman chanting

"It's seven o'clock, seven, seven,
seven, seven," she oblivious to the flattened pigs
and guards agape with wild surprise at the frame
from which the Burgher, muttering, had fled.

*Reprinted from "Singing With Starlings," (Antrim House, 2015).
(Background picture: Portrait of a Man, c.1627,
Frans Hals, Strathche Museen, Berlin)*

In the course of writing poetry I have found that some of my most satisfying work has sprung from a position of what Keats termed "negative capability." I start by writing words on paper, without conscious awareness of why I am choosing those particular words, and seeing where they take me as they spool out before me.

As a young man I lived not far from the Frick Museum in Manhattan. I loved to wander through its rooms and was particularly captivated by the humorous portraits by Frans Hals of prosperous, self-important merchants and their seemingly pretentious wives. In this poem I imagine one of Hals' burghers somehow freeing himself from the constraints of the painting within which he has been imprisoned and wandering along the streets nearby.

He goes to a doctor to be treated for his skin condition, then runs unexpectedly into an old friend from another Hals portrait. The burgher cries out the Dutch word for "mother", which to a reader of English would also suggest "murder"; he then enters a homicidal, possibly fratricidal, nightmare.

A maternal figure that stands both within the dream and outside it scarily awakens the poet, who returns in imagination to the museum, possibly in hopes of restoring the burgher to his rightful place inside the frame, that is, within the protective confines of repression. In this he is largely unsuccessful: the nightmare is over, but the the burgher is clearly still at large, still a potential danger. In a nod to Keats, the poet has the guards staring "with wild surprise" at the still empty frame. - Victor Altshul, MD

Dr. Altshul is a practicing psychiatrist in New Haven, a graduate of the Scholars Program at WNEPI and a valued instructor in the Extension Division of WNEPS.

Reflections



A Tribute: Sidney Blatt, PhD

by Kay Long, PhD



SIDNEY J. BLATT, 85, died at his home on Sunday, May 11, 2014. Sid was a professor

in the Yale Psychiatry Department for more than 50 years, most of that time as Chief of the Psychology section. A graduate of the Western New England, he was an active and valued member of our psychoanalytic community. Many in our community remember him as a beloved teacher and mentor. He supervised more than 40 doctoral dissertations at Yale and other universities, and he took great pride in his many students who went on to careers in research, teaching and psychoanalysis.

Dr. Blatt distinguished himself as an analytic clinician, an empirical researcher, a personality theorist, and a teacher and mentor. Author or coauthor of more than 220 published articles and

approximately 17 books, he conducted extensive research on personality development, psychological assessment, psychopathology and psychotherapeutic outcomes. A wide-ranging intellect, he also authored a book on developmental cognitive theory and art history. His impressive accomplishments were rewarded with numerous awards, many visiting professorships in this country and abroad, and two festschrifts.

The following remembrances are excerpts from a eulogy I delivered at a memorial service for Sid held at the Slifka Center on Nov. 16, 2014.

Sid Blatt was my teacher, mentor and friend from the time I came to New Haven 28 years ago. I moved from Texas to spend one year in the pre-doctoral psychology training program that Sid led for almost 50 years. I never returned to Texas as I planned, and Sid had a lot to do with that decision. Sid's intellect was so vibrant that, although he died at 85, I think we are all left with the feeling that his life was

cut short. There was something larger-than-life about Sid – his outsized accomplishments, his extraordinary intellect, his voracious appetite for learning across many fields, and I benefited from all of these aspects of him. But he was also a big-hearted man and that is what I will carry with me and what I want to talk about today.

One of my earliest memories of Sid was in a course he taught a group of post-doc psychology fellows at the YPI in 1987 – a course on clinical inference. On the first day of class Sid showed us the cover page of a patient's chart. This form conveyed straightforward information – name, address, date of birth, date of admission, chief complaint. It was the kind of page you would read quickly and turn over to get to the pages with the real story – the evaluations, case notes, psychological testing, etc.

But Sid took that simple form and talked us through it line by line. He elaborated a series of hypotheses about the patient's history, personality and psychopathology.

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A Tribute: Sidney Blatt, PhD

From the simplest data a three-dimensional person began to appear before our very eyes, and a sympathetic understanding of that person along with it. I felt like I was watching a magic show! I couldn't figure out how he had done it.

Sid told us that he was going to teach us how to make these kinds of clinical inferences, the psychoanalytic theories to support them, and the means to test our original hypotheses. I was hooked. I knew I wanted to stay and learn as much as I could from him, and, over time, from many others in this remarkable community.

I didn't fully appreciate then what I came to know more clearly over time – Sid had an unparalleled gift for integrating clinical understanding, theory and research methodology. He worked from the inside out. He did not look for evidence of his already-formed conceptions. He looked to see what he could discover about each person. This was Sid's gift – as a clinician, researcher, mentor, teacher and friend – he was exquisitely attuned to the subtleties of human experience.

Sid and I met regularly over the years – sometimes for lunch, sometimes to plan curricula for the pre-doc program, or often when I consulted him about a psychological test battery I found perplexing. What I remember most about these meetings was our conversations about our

families – his interest in mine and most particularly his great pleasure in his grandchildren – he always had a story about one of them.

I remember one conversation when my oldest daughter was about to leave for college. I was feeling so sad, unable to really contemplate the void I felt as I anticipated her departure. It was the usual maternal lament, but Sid's response was anything but usual, and I'll never forget it. Clearly moved, he said he was in awe of a woman's capacity to go from carrying a baby in her body, holding that baby, nursing, all the bodily care of the early years through childhood to the point of sending that child off into the world – something that takes years in real time, but happens so rapidly in psychological time. He thought a woman's ability to attach and separate in such short order was truly remarkable. How many men can think like that? This capacity to imaginatively enter another's experience was at the center of Sid's genius.

The last time I saw Sid was a couple of months before he died. He had invited me to have lunch with him at Whitney Center. I saw him approach from a distance down a long corridor. He was stooped over, walking slowly with the help of a walker. When he saw me he lit up with a smile that made the years wash away and I saw the same Sid I first met 30 years ago. As we walked slowly toward the dining room, a woman from the spa came out to greet us. She told Sid she had done Ethel's hair that morning and that Ethel seemed very pleased with it.

With all seriousness Sid replied, "You didn't make it a bouffant, did you? You know Ethel hates bouffants." The woman reassured Sid and he smiled with relief. I was so touched by his attention to this small detail that might please or disturb Ethel.

Over lunch he told me how happy he was in his life at Whitney Center. He said he spent his mornings immersed in his intellectual life - writing, reading, corresponding with his many colleagues and collaborators. He spent afternoons with Ethel – sometimes walking in the garden where they would sit on a bench and she would fall asleep on his shoulder. (That tender image will stick with me forever). Evenings he enjoyed the company of others over dinner in the dining hall. His life was smaller in some ways, but he was in no way diminished. In old age he was living out the ideas he had spent his life exploring - weaving together the two poles of self-definition and relationship in a life that he was living fully until the moment he died. □

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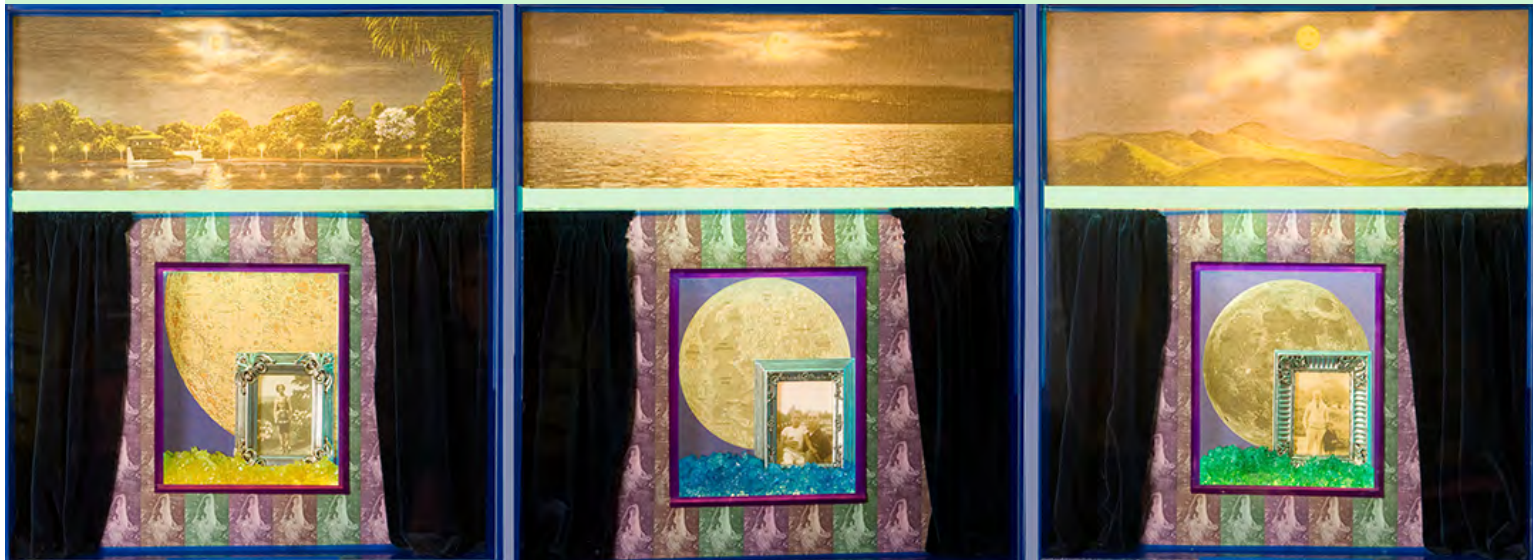
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Do You Hold The Memory Of A Vanished Dream, I, II, III
25.5" x 57" x 6"
Mixed media, 2015
Jerome Meyer, MD

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Addressee